

# Lunch



## BRUNCH SANDWICHES

Choose from brioche bap, brioche baguette wrap, thick cut white or brown (GI) bread

<b>Bacon</b>	£4.95
<b>Sausage</b>	£5.50
<b>Fried Egg V</b>	£4.95
<b>Sausage &amp; Egg</b>	£6.05
<b>Sausage &amp; Bacon</b>	£6.05
<b>Bacon &amp; Egg</b>	£5.75
<b>Sausage, Bacon &amp; Egg</b>	£6.60
<b>Big Stack Bap</b>	£7.35
Bacon, Sausage, Fried egg and Hash Brown stacked in a Brioche Bap	
<b>Vegan Sausage Vgn</b>	£4.95
<b>Breakfast Baguette</b>	£7.35
Two Bacon, Two Sausage and Double Fried egg in a soft Brioche Baguette	

## BRUNCH

<b>Brunch</b>	£9.35
Sausage, Bacon, Hash Brown, Fried Egg, Beans & Toast	
<b>Big Brunch</b>	£13.05
2 Sausages, Bacon, 2 Hash Browns, Mushrooms, 2 Black Puddings, Fried Egg, Tomato, Beans & Toast	
<b>Gluten Free GF</b>	£9.05
Bacon, Fried Egg, Hash Brown, Mushrooms & Beans	
<b>Veggie V</b>	£9.35
2 Veggie Sausages, Hash Brown, Fried Egg, Mushrooms, Grilled Tomato, Beans & Toast	
<b>Vegan Vgn</b>	£10.05
2 Vegan Sausages, Spinach, Avocado, Mushrooms, Grilled Tomato, Hash Brown, Beans, Beetroot Chutney & Toast	
<b>Kids Breakfast</b>	£4.60
Sausage, Egg, Beans & Toast	

## BURRITOS

£8.05	£10.85	£8.05
<b>Breakfast Burrito</b>	<b>Big Buoy Burrito</b>	<b>Veggie Burrito V</b>
Sausage, Bacon, Egg, Beans & Cheese wrapped in a Flour Tortilla with a Cheese Crust	Sausage, Bacon, Egg, Beans, Hash Brown, Black Pudding & Cheese wrapped in a Flour Tortilla with a Cheese Crust and topped with extra Egg and Hash Brown	Veggie Sausage, Egg, Mushrooms, Beans & Cheese wrapped in a Flour Tortilla with a Cheese Crust

## ON TOAST

Choose from thick cut white or brown (GI) bread

<b>Eggs V</b>	£5.70
Poached, Scrambled or Fried	
<b>Beans V</b>	£5.50
<b>Cheese &amp; Beans V</b>	£6.30
<b>Egg &amp; Beans V</b>	£6.70
Poached, Scrambled or Fried	

## PANCAKES

<b>Buttermilk Pancakes V</b>	£7.55
Choose 2 toppings: Bacon, Maple Syrup, Nutella*, Strawberries, Banana, Biscoff Spread, Crushed Biscoff, Ice Cream, Crushed Oreo or Whipped Cream (Add extra toppings for 1.00 each)	
<b>Kids Pancakes V</b>	£4.60
With 2 toppings (see above)	

Please Order at the Till

# Lunch



## SANDWICHES & WRAPS

Choose from brioche bap, wrap, thick cut white or brown (GI) bread.

**Tuna Mayo P** £6.85

**Avocado, Bacon & Tomato** £7.55

**Ham & Cheese** £6.85

**Bacon, Brie & Cranberry** £7.55

**CYO Vegan/Veggie** £7.05

Create your own Vegan/Veggie sandwich. Choose up to 3 fillings: Avocado, tomato, cucumber, Halloumi, red onion, cheese, chilli/red onion chutney, brie or cranberry. Ask for Flora spread to make it vegan

**Flavoured Chicken** £8.05

Peri Peri, Smoky BBQ, Chinese, Tandoori or Garden Mint

**Ham Salad** £7.35

With Red Onion Chutney

## HEALTHIER BRUNCH

**Smashed Avocado V** £8.60

Toast or Muffin with 2 Poached Eggs and Dukkah Seed/Spice Mix  
- Add Salmon for 2.00 or Bacon for 1.50

**Kia GF P** £9.00

Salmon & 2 Poached Eggs with Spinach, grilled Tomatoes, Avocado and finished with Balsamic Glaze

**Purple Reign V** £9.95

Smashed Avocado and Beetroot Chutney on a Toasted Muffin, topped with Halloumi & 2 Poached Eggs

**Red Reign V** £10.55

Smashed avocado with chilli chutney on a toasted muffin, topped with halloumi, 2 poached eggs, finished with siracha sauce & chilli flakes

**Salmon Scramble P** £9.95

Scrambled Eggs & Smoked Salmon on a bed of Spinach, Cherry Tomatoes and Toast with Balsamic Glaze (ask to spice it up and we'll add Chilli Flakes and Siracha Sauce)

## SALAD

**Compass Salad Vgn**

Mixed Leaf, Cherry Tomatoes, Cucumber & Onions finished with Olive Oil and Balsamic Glaze

£7.50

**Salad Extras**

Add Chicken or Avocado for £2.00.

Add Flavoured Chicken for £2.50

Some ingredients may go out of stock, in this case we may replace it with another suitable ingredient where possible.

V - Vegetarian GF - Gluten Free

Vgn - Vegan P - Pescatarian

## TOASTIES

Choose from brioche bap, wrap, thick cut white or brown (GI) bread

**Tuna Melt P** £7.65

**Bacon, Brie & Cranberry** £7.95

**Ham & Cheese** £7.35

**Cheese & Tomato V** £7.05

**Cheese V** £6.55

## JACKET POTATOES

Served with side salad and balsamic glaze. Ask for Flora spread with a beans jacket to make it vegan (V>Vgn)

**Cheese or Beans V** £6.60

**Cheese & Beans V** £7.60

**Tuna Mayo P** £7.60

**Chicken** £8.95

Peri Peri, Smoky BBQ, Chinese, Tandoori or Garden Mint

\* Contains nuts. All items are subject to availability. Only one swap is permitted on breakfasts, any other additions will be chargeable. Non-meat items cannot be swapped for meat items. Sausage is not permitted as a swap in any case. For allergens advice please contact a member of staff before ordering. We make every effort to prevent cross contamination, but we cannot guarantee that any food item we make/serve is FREE of any specific allergen due to the size of our kitchen and production processes. **If you have a trace allergy that could be fatal, due to the size of our kitchen and on advise from EHO, we reserve the right not to serve for the protection of both yourself and our staff. "No meal is worth a life".**